



Nature Notebook

Overview

Visitors make a small journal.

Recommended Ages

> PreK-Adult

Activity Time

Approximately 10 minutes

Materials

- > Brown paper lunch bags
- > Pre-cut squares of white or light colored paper
- > Yarn, raffia, or jute
- > Whole punch

Activity in Action

Send us your pictures and comments on this activity to bday@birdday.org.

Make a Nature Notebook

Journaling is a fun way to take your visitors deeper into observing and enjoying the natural world around them. This inexpensive, easy -to-make journal is a great make-n-take activity for your IMBD festival! The notebook activity can be tied to another activity at your festival like the IMBD activity *Habitat Hunt* or *Habitat Bingo*. Or, you can provide a special place where visitors can take their notebooks to sit and observe.

Activity Directions

1. Lay 3 lunch bags on top of each other, fold in half
2. Punch 2 holes at the folded edge, weave string through holes and tie.
3. Glue the pre-cut paper squares onto each page of the journal that does not open.
5. On the front, draw a picture and write your name. Your nature notebook is complete!
6. Here are some ideas for guided journaling:
 - Hunt for something a bird might eat.
 - Hunt for something soft, round, square, heart-shaped.
 - Make a map of _____.
 - Find and draw a place where a bird might live.
 - Collect evidence of an animal eating (chewed acorn or pine cone etc.).

Get Involved! Discover easy, fun ways to learn and connect with others while spreading bird conservation awareness—[join the EFTA Flock at birdday.org](https://www.birdday.org)

Find free educational materials (and much more) at [birdday.org](https://www.birdday.org)

Have you registered your IMBD event? It's quick, easy, free, and an important way to measure IMBD success each year. To register, go to [birdday.org](https://www.birdday.org) or send your event information to bday@birdday.org.

Front cover of a sample journal



Use the journal pockets to collect



Sample *Habitat Hunt* activity squares in journal



Note Regarding Collection

If there are collecting restrictions at your site, invite visitors to use the pockets in their notebook for stickers or other items they may gather at your festival.